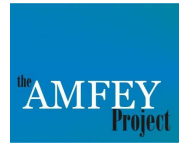


Finis Solomon Cook
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FINIS SOLOMON COOK was born and grew up in Indianapolis, IN. After graduating valedictorian from George Washington High School, he went to **Purdue University** where he received a B.S. in Mechanical Engineering with a specialty in heat transfer and thermodynamics.

Small Business & Personal Professional Coaching

His professional coaching career began as a **professional speaker** in 1994, fulfilling engagements in the Omaha, NE metropolitan area on topics as varied as information technology, entrepreneurship, team building, business management, strategic planning and employee motivation. He began his professional coaching practice at the request of clientele who were familiar with his other services.

In 2002, he converted his small business coaching practice into a community service practice, providing coaching and personal/professional development services through community organizations. Today, he provides wealth empowerment webinars to the community at large to improve financial outcomes for individuals and households.

Youth Development

His youth development efforts began shortly after high school when he began volunteer counseling high school teens on education, goal-setting, and peer pressure issues. He has been instrumental in the development and administration of four separate youth programs, in addition to providing assistance and seminars/workshops to many others.

In 1995, he established **The AMFEY Project** as the primary vehicle through which he would channel his youth development efforts to maximize their impact. To date, the AMFEY Project has assisted numerous youth programs/ministries to provide high quality, effective youth development services. The AMFEY Project continues to provide youth development services today.

He has received numerous honors and accolades from a number of community groups and organizations, including, but not limited to:

- YMCA of North Omaha
- Omaha Public Schools
- Junior Achievement of Omaha
- Omaha Community Development Corporation
- Omaha Chamber of Commerce
- University of Nebraska at Omaha
- United Methodist Church
- Urban League of Richmond
- Ak-sar-ben Chapter of Association of IT Professionals (Infotec '94, '95, '96, '97)
- Metropolitan Community College
- The AIM Institute

Finis has held many community leadership positions, among others:

- President, MEGA Mentors, Inc, 2023 -
- Industry Advisory Council, Virginia State University, 2019 – 2022
- Toastmasters International: ACG, CL, 2001 – 2004
- The 100 Black Men of America, Founding Member, Omaha Chapter 1996-1998
- University of Nebraska Corporate Advisory Board, 1997 - 1998
- University of Nebraska at Omaha, Guest Lecturer 1996-1998
- Black Data Processing Associates (BDPA), President, Omaha Chapter 1995-1996
- Metropolitan Community College, Corporate Advisory Board 1991-1992
- YMCA Board of Management, North YMCA, Omaha, NE 1988-1990

He now lives in Richmond, VA and delivers his community services online and in-person nationally.